

Anthony Esposito, D.O
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EDUCATION

Nova Southeastern College of Osteopathic Medicine, Ft. Lauderdale, FL
August 2006-May 2011
Doctor of Osteopathy

Emory University, Atlanta, GA
August 2001-May 2005
Bachelor of Arts, Political Science

John Cabot University, Roma, Italy
January 2004-May 2004
Semester Abroad

Tampa Jesuit High School
August 1997-May 2001
Sum Cum Laude

BOARD CERTIFICATIONS

Board Certified Physical Medicine and Rehabilitation, American Board of Physical Medicine and Rehabilitation, 2016- Present

Diplomate, Pain Management, American Board of Physical Medicine and Rehabilitation, 2016- Present

The International Commission on Health Care Certification, Certified Life Care Planner 2022- Present

POST-DOCTORAL TRAINING

University of South Florida/Tampa General Hospital/Moffitt Cancer Center/ TPA VA
ACGME Accredited Interventional Pain Medicine Fellowship, PGY-5
July 2015-June 2016

University of Miami/Jackson Memorial Hospital
Graduate of Physical Medicine & Rehabilitation Residency
Chief Resident 2014-2015
July 2012-June 2015

Largo Medical Center, Largo, FL
Graduate of Traditional Rotating Internship
July 2011-June 2012

PRE-DOCTORAL FELLOWSHIP

Nova SE College of Osteopathic Medicine Pre-Doctoral Fellowship in Osteopathic Manipulation July 2008-June 2009

Clinical/teaching experience in Neuromuscular Medicine, OMT, Neurology, PM&R, Sports Medicine, and Family Medicine

WORK EXPERIENCE

Advanced Regenerative Orthopedics

Pain Management and Physical Medicine and Rehabilitation, Physician

July 2019-December 2021

Location: 2202 N Westshore Blvd Suite 140, Tampa, FL 33607

July 2016- June 2019

Location: 3830 Tampa Rd Suite 300, Palm Harbor, FL 34684

Westshore Injury Clinic

Owner, Pain Management and Physical Medicine and Rehabilitation, Physician

Location: 14310 N Dale Mabry Hwy Suite 280, Tampa, FL 33618

January 2022- Present

TEACHING EXPERIENCE

Associate clinical professor

Nova Southeastern University, Dr. Kiran C. Patel College of Allopathic Medicine

- Lecturer for MSK course for second year medical students, April 2021-Present
- Clinical preceptor for Physical Medicine & Rehabilitation for first and second year medical students, January 2021-2022
- Clinical preceptor for OMT Fellows rotation in Physical Medicine & Rehabilitation, January 2021-Present

RESEARCH ACTIVITIES

Esposito A, Torres B, “Successful Trigeminal Nerve Block for Suspected Ramsey-Hunt Syndrome: A Case Report.

- Poster submitted to the AAPM&R Convention in New Orleans, LA October 2016

Esposito A, Cohn J, Vasquez R, “Horner’s Syndrome secondary to a T1 radiculopathy: A Case Report.”

- Poster presented at the AAPM&R Convention in San Diego, CA, November 2014

Klein J, **Esposito A**, Ference T. “Amyotrophic Lateral Sclerosis in a Patient with History of Post-Poliomyelitis Syndrome: A Case Report.”

- Poster presented at the AAPM&R Convention in San Diego, CA, November 2014.

Esposito A, Cohen J, Dalal K. “An Anaplastic Astrocytoma Presenting as Worsening Paresis in an Incomplete Paraplegic Patient, A Case Report.”

- Poster presented at the AAPM&R Convention in Washington, D.C, October 2013

Putchan N, **Esposito A**, Khurana, S “Acute Inflammatory Demyelinating Polyneuropathy in a Pediatric Patient with History of Multiple Sclerosis, A Case Report”

- Poster presented at the AAPM&R Convention in Washington, D.C, October 2013

Esposito A, Battle L, Vasquez R. “Diagnostic Accuracy of Ultrasound Guided Sacroiliac Joint Injections, a cadaver study.”

- Residency Research Study presented at University of Miami PM&R Research Day 2015

Chung S, Lee J, Yoon J. Effects of Stabilization Exercise Using a Ball on Multifidus Cross-Sectional Area in Patients with Chronic Low Back Pain. *Journal of Sports Science and Medicine (2013) 12, 533-541.*

- Rehab in Review Article

Esposito A, Shamus E. “Normative Data for Female Division II Rowers on Adjusted 5K Score Times.”

- IRB approved study and Poster Presented at NSU HPD Research Day, May 2011

PROFESSIONAL EXPERIENCE

Florida Osteopathic Medical Association Mid-year Seminar, Tampa, FL, September 2015, 2017, 2019, 2021

AAPM&R Convention in San Diego, CA, November 2014

AAPM&R Convention in Washington, D.C, October 2013

The Annual Johns Hopkins Dystonia and Spasticity Practicum in Miami, FL, December 2012 and 2013

Florida Osteopathic Medical Association Conference in Westin, FL, November 2010, February 2018, February 2020

VOLUNTEER/COMMUNITY SERVICE

F.C. Tampa Rangers U10 Girls Soccer Coach, 2021- Present

Lake Magdalene United Methodist Church, Volunteer Soccer Coach U6, 2017-2022

Board Member, St. Jude Around the World Gala, Tampa 2016-17

US Sailing World Cup Regatta, Volunteer Physician, Miami, FL January 2013 and 2015

Chaminade-Madonna College Preparatory, Pre-participation physicals, Hollywood, FL 2013

Dolphin's Cycling Challenge, Volunteer Physician, Miami, FL November 2012, 2013, 2015

University of Miami Miller School of Medicine PM&R Exposition for medical students, Volunteer Representative/Lecturer Miami, FL 2012, 2013, 2014

"What is PM&R," NOVA Southeastern COM Exposition for medical students, Volunteer Representative/Lecturer Davie, FL 2013

Junior Varsity Girls Soccer Coach, Pembroke Pines High School, 2009-2011

Nova Southeastern University, Pre-participation physicals, Davie, FL 2008

EDUCATIONAL EXPERIENCES

"Amputee Pain Lecture," University of South Florida Department of Neurology, James A Haley VA, 2016

"Infectious causes of Peripheral Neuropathy," University of Miami Department of PM&R, Miami VA morning report, 2013

"Horner's Syndrome secondary to a T1 radiculopathy," University of Miami Department of PM&R, MSK Case Report, 2013

"Osteopathic Medicine Lecture," University of Miami Department of PM&R, Introductory Lecture Series 2013

"Wallenberg Syndrome," University of Miami Department of PM&R, Miami VA morning report, 2013

"Functional Anatomy of the Upper Extremity," University of Miami Department of PM&R, Anatomy Lecture Series, 2013

"Paralabral Cyst of the Shoulder," University of Miami Department of PM&R, Miami VA morning report, 2013

JOURNAL CLUB PRESENTATIONS

September 2013. "Balloon kyphoplasty as a single or as an adjunct procedure for the management of symptomatic vertebral haemangiomas." *A. Hadjipavlou, et al. J Bone Joint Surg Br April 2007 vol. 89-B no. 4 495-502.*

October 2012. "Platelet-Rich Plasma Intra-Articular Injection Versus Hyaluronic Acid Viscosupplementation as Treatments for Cartilage Pathology: From Early Degeneration to

Osteoarthritis.” *Kon, M.D., et al. Arthroscopy: The Journal of Arthroscopic and Related Surgery, Vol 27, No.11 (November), 2011: pp 1490-150.*

PROFESSIONAL MEMBERSHIPS

Florida Osteopathic Medical Association, 2006-present
American Academy of PM&R, 2012-present

LEADERSHIP/AWARDS

Chief Resident, Department of Rehabilitation Medicine University of Miami, 2014-2015
Resident of the Year, Department of Rehabilitation Medicine University of Miami, 2014-2015
Highest SAE score for University of Miami PGY-2 Residents, 2013 and PGY-4 Residents, 2015
Captain Emory University Soccer Team, 2004
Arthur Ashe Junior Scholar Athlete Award Winner, 2004-2005

LICENSURE/CERTIFICATION

Full Florida Osteopathic Medical License- Expires March 2024
DEA License
ACLS, Feb 2015-Present
COMLEX Step I, Passed
COMLEX Step II, Passed
COMLEX CE, Passed
COMLEX Step III, Passed
ABPM&R Step I, Passed
ABPM&R Step II, Passed
ABPM&R Pain Medicine Boards, Passed

HOBBIES/INTERESTS:

Traveling, sports (Soccer, Golf, Basketball, Running), coaching, reading